

GRAPESVINE

VISITACION VALLEY

Vol. II, No. 9

SERVING OUR COMMUNITY

September 1987



WILL STATON, GENIAL MANAGER OF GENEVA TOWERS, DISPLAYS A PORTRAIT OF TUSKEEGEE AIRMEN COLLEAGUES WHO SHARED MEMORIES AT A REUNION.

Wartime comrades reunited

Close to 1,000 members of the elite Black air force, The Tuskegee Almen, met at San Francisco's Hilton Hotel from August 25 to August 30 for an inspiring convention and reunion. In 1941 when America's young men began to think about going to war, the United States military segregated Negroes and did not allow them in the Air Corps at all. But young Black men were not content to assume their former second class status as soldiers. According to Col. Edward C. Gleed, USAF Ret., in his essay, "The Story of America's Black Air Force", "there was a general feeling of all Negroes that if they were going to fight, they wanted to choose what type of fighting they would do, or at least be able to get into if they were

qualified. The Negro leaders, Negro newspapers, the NAACP and the Urban League raised such a storm it was decided to put Civilian Pilot Training in six Negro colleges.

"It looked like a pretty good way to go to war, rather than going through the trenches, so immediately recruits of very high quality came from all over. All of the pilots in the original classes were college graduates."

"The first class started in July 1941, and it was comprised of thirteen aviation cadets."

Eventually 992 Black military aviators were trained at Tuskegee Institute in Alabama which military leaders set up as a great experiment "to see if Blacks could fly."

Continued on Page 3

Traffic Alert for Pope's Visit

On his trip from St. Mary's Cathedral to Candlestick Park on Friday, September 18, Pope John Paul II will view San Francisco from the one-way darkened windows of a limousine. He will not be visible to the public.

SFPD appeals to the public to use alternate routes such as Highway 280 that day. More than 72,000 people are expected at Candlestick Park for the papal visit.

The Candlestick Park area will be secured from 5:00 a.m. to mid-afternoon and only proper decals and ticketed persons will be

allowed into the area.

The SFPD advises motorists coming from the Peninsula into the Visitacion Valley area to take the Brisbane, Bayshore Blvd. off ramp. Driver's heading south on Highway 101 into this area should use the Bayshore Blvd. off ramp. Peak hours of congestion will be from 5:00 a.m. to 10:00 a.m. The police ask the public to avoid Highway 101 during these hours if at all possible.

Parking for the Pope's Mass at Candlestick is not allowed in Little Hollywood.

A typical day at Sunnydale

by C.T. Young

In less than 13 days of last May, 13 police reports were filed in Visitacion Valley. Those reports included three robberies on the street, two batteries, one grand theft, one possession of cocaine for sale, one possession of an air gun, two runaways, one missing person, one resisting arrest and one miscellaneous misdemeanor.

Nearly half of those reports were filed on the corner of Sunnydale and Hahn, (the portal of the Sunnydale housing project, a village of welfare recipients, many of whom live behind boarded windows), and just a few blocks from Geneva Towers, all amidst a quiet residential street.

On a recent morning, the corner was covered with unemployed men, shoppers and people waiting to board public transportation.

Transfers were sold on the corner, two for 35 cents. One man offered to sell an "exclusive" of crime in the neighborhood for a bottle of wine. He was turned down.

June, waiting with two of her four children for a bus, said she has been living in Geneva Towers for two weeks. "I really don't come out of the house," she said. "I don't like my kids growing up in this neighborhood. But I haven't

run into trouble. I don't agree with the things that happen in this neighborhood. But they happen all the time. Geneva Towers is not suitable for children. I don't let the kids out. I would like to move to Westlake or Daly City."

A man in his twenties walked across the street and said, "There's crime out here," and then walked quickly away. "Have a good one," he said.

One tired man standing on the corner said he had seen purse snatchings, but nothing more. Jimmy sitting on a crate said there were "too many fights, too many shootings, too many stabbings." Why? "Not enough dope and not enough money."

He added, "There would be less crime with jobs. In this type of community, there are two centers." He pointed to Geneva Towers and the Sunnydale village. He said it would be great if those centers became job placement centers. "It wouldn't stop crime, but it would slow it down. You get youth down here selling drugs, jumping on people, robbing them. (Mayor) Dianne Feinstein promises to clean it up here, but nothing is done out here."

Jason, who has worked for five years at the Little Village market on the corner, said no major

Continued on Page 5

Kudos to "Our" Cops

Most long term residents of Visitacion Valley remember Sgt. Dennis "Gus" Gustafson from his years on our "beat." Now Gus, of the SFPD Community Services Division is also The Northern California Director for the Law Enforcement Torch Run which raises money for The California Special Olympics, The State's sports program for children and adults with mental retardation.

During the last week of July, law enforcement personnel carried The Special Olympics Torch from San Francisco to a victory celebration in Los Angeles. Police officers ran the almost 500 mile route in 3 mile

increments handing off the lighted torch as they went. The runners also recruited sponsors for their "Adopt A Cop" program which sent 160 Special Olympics athletes to Notre Dame University for national competition which was televised locally in August.

Terrye Ivy, Vis Valley's own police officer, was one of the runners from SFPD.

If you would like to contribute to the Special Olympics through our own law enforcement personnel send your donation to Sgt. Dennis Gustafson, Community Relations Division, SFPD, 850 Bryant St. Room 555, SF 94103

“Growth is
Apparent in
Visitacion
Valley..”



Editorial

Demolitions Could
Threaten Vis Valley

The Richmond District of San Francisco is fighting a battle for integrity. Demolitions of individual family homes reads like an espionage novel. In the early morning light a construction crew shows up at a single family home recently vacated and approved for alterations. By early afternoon that house no longer exists. Where once stood a servicable home is a vacant lot.

Speeding up the camera a few weeks hence we find a charmless square box designed to house at least two families with one or more illegal units ready to rent shortly after the building inspector approves the new construction.

Residents of the Richmond District are in the front lines of a war which may spread over all of San Francisco, including Visitacion Valley and Little Hollywood.

Except for our two large housing projects, Sunnysdale & Geneva Towers, Vis Valley and Little Hollywood are neighborhoods dedicated to families living in their own homes.

Should your next door neighbor sell to a person who has no interest in living in the property but has a great interest in realizing the profit from a new multi-family dwelling, how will that affect your street?

Editor

LETTERS TO THE EDITOR

VALLEY NEIGHBORHOOD WATCH

Dear Neighbor,

We can do it! We can have a safe and clean area around our park, school and your homes.

A new group is forming.. "NEIGHBORHOOD WATCH." An informational and sharing meeting is planned for October 6th, at 7:00 P.M. In the park and rec building at Leland Ave and Cora St.

Please come to this meeting.. voice your concerns, suggestions and solutions. Together, I will guarantee positive results.

This program is sponsored by the Community Center and Project SAFE and endorsed by Park and Rec and the Elementary School.

For more information call Anne Kaartunen, Community Coordinator. 239-1069

CENTERVOICE

By Julia A. Kavanagh

United Way
Agencies
Sponsor
Candidates
Event

There are 80 Human Service Agencies in San Francisco that receive funding from United Way of the Bay Area. Visitacion Valley Community Center is one of them. Most of us have other sources of funding as well, including government funds. Our Agencies serve a

great number of the citizens of San Francisco (VVCC serves over 3,000 persons per year). The people served by United Way Agencies are all ages, and represent every ethnic group and every area of need that exists in our city. It is truly a broad spectrum that we cover.

We are all concerned with our government and desire that our political process produces the best representation for our citizens that is possible. We are anxious to see that our citizens use the opportunity that the elections afford as fully as possible in order that this process can work effectively.

The Association is sponsoring a Candidates Event on Saturday, September 26, 1987 from 1:00 to 4:00 P.M. at 100 Whitney Young Circle. Many groups that have Candidates Nights are interested in only one aspect of a candidate's platform (such as merchants associations, health organizations, childrens groups, seniors groups, etc.). When the candidates attend these events, they tend to prepare a speech on the group's special area of interest. This is fine, but the audience then does not get a view of the candidate's overall platform, or a chance to see how their interest weighs in the balance with the rest of the candidate's platform.

The Association of United Way Executives' affair will be a good opportunity for all of us to get a broad view of all the candidates. I feel that the kind of information given at this event will be of special interest to everyone. If you only plan to attend one such event before our November election, I would recommend this one. I'll look forward to seeing you there.

“Richmond Specials” Could Threaten Valley

Dear Editor:

The outrageous number of demolitions and out of scale construction projects in the Richmond and Sunset has given the City Planning Commission impetus to propose that those areas be downzoned to 24 feet. I am in full support of the plan to downzone and extend requirements for rear yard space and parking but it will only be an effective protection for our neighborhoods if it is applied city-wide.

We cannot solve the problems of the Richmond and Sunset by transferring them to Bernal Heights and Visitacion Valley. If we are to preserve usable and affordable housing stock, we must support Planning's proposition to take the profit out of unwarranted demolition. New higher density housing should not be built within existing residential areas at the cost of existing suitable housing.

Sincerely,
Supervisor Bill Maher

To Wilson High Community and Neighbors

On behalf of the students and staff at Wilson, I want to take this opportunity to tell you some of our goals. We want our school to be a positive part of this community. When people ask you where you live and what high school your child may go to, we want YOU to feel proud of our school. In order for ALL of us to be successful in this goal, it is important for us to work together. Wilson is more than a building. It is made up of 1400 students and over 90 staff people. Our job is to educate these students and prepare them for their important roles in society. When you feel we are doing something wrong, then call or write us, and, at the same time, when you feel

we are doing something right, then let us know about it. If you see our students cutting or hanging around your house, CALL US. This will help all of us. If you see people damaging school property, either during the week or the weekend please call us or the police.

Call the school if you would like to come and see what we are doing. We want the support of the community around us. We are working hard to build PRIDE within the students in our school, and we want YOU to join us. If you have any questions please call me at 239-6200.

Sincerely,
Elvira Dundy

ATTENTION: SMOKERS,
NON-SMOKERS, EX-SMOKERS

You are invited to a meeting on Monday, September 14th to be held in the VVCC Senior Diningroom at 1 o'clock. Refreshments will be served.

There will be a surprise guest speaker, someone we all know well. He is a successful ex-smoker and is willing to offer us support. I am inviting you because of what I know about you and smoking. I

have quit a zillion times and look forward to our first "SMOKER'S SUPPORT GROUP."

Please join me for whatever happens! Being there sure can't hurt... offer your support or come and get some. See you on the 14th!

Your friend,
Pat Crocker
Senior Program Director

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VISITACION VALLEY

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CAMPAIGN 87: CESAR ASCARRUNZ

Our time has come to put this city back together and to bring pride and dignity back to our populace. Our candidacy for mayor reflects the city of San Francisco. We want to bring honesty and decency back into government. We found a disillusioned population. We found, on our campaign, people frightened to leave their homes, people disbelieving their leaders, people out of jobs, with no places to live. People high on drugs and without gainful employment. We have made these concerns our concerns. People look to San Francisco as a spiritual center of the world. But we have not cleaned up our own backyards. We have let our city become divided and distrustful. We can no longer afford to leave our city in



CANDIDATE CESAR ASCARRUNZ

the hands of people who care only for their own pocketbooks and their own welfare. As mayor, I will return humanity to public office. I will remove the plasticity that has covered us for so long. I care about people and that is the message I wish to convey. We must all care for each other in order to prosper.

Speaking of Health

By Jacqueline W. Wasserman, RN, FNP

Are Annual Check-Ups Necessary?

Recently, recommending an annual physical exam has become controversial. There are several reasons why. In an annual physical, only a few diseases can be detected early enough to be treated with a difference made. More serious illnesses such as cancer, heart disease and stroke cannot be cured. Often, in a routine physical, disease processes are not advanced enough to be detected in early stages. A routine physical can be expensive and is often not covered by health insurance.

There are, however, reasons to be in touch with your health practitioner on a yearly basis. It is important to develop a personal relationship with your practitioner. Your practitioner is also given an opportunity to know you -- your concerns, strengths, important issues and medical history. In addition, there are some diseases that are easily recognized, such as high blood pressure, and colon and breast cancer. These can be treated successfully if discovered

soon enough. Your practitioner can also provide education on proper nutrition, stress reduction, exercise and lifestyle changes.

The Canadian Task Force on the Periodic Health Exam and the American Cancer Society recommend the following check-up guidelines:

- Annual Physical every five years -- Ages 18-59
- Annual Physical every two years -- Age 60+
- Blood pressure check -- All ages annually
- Rectal exam and stool test -- Age 46+
- For Women: PAP test: Every three years -- Ages 18-35
- Every five years -- Ages 36-59
- Mammogram: Every two years Ages 46-49 and then annually
- Breast exam: Annually Ages 18+

The important exceptions include people with any lingering symptom such as chest pain, cough, shortness of breath, anemia, abdominal pain or weight loss. Women with a family history of breast cancer or with a breast lump, as well as women with abnormal bleeding, herpes, or vaginal infections should be seen more frequently. Of course these are only guidelines. If you feel you have a problem that requires medical attention, a visit to your practitioner would be advised.

Wartime comrades reunited

Continued from Page 1

And fly they did -- and very well too. Black airmen who were known to White American Bomber crews in Europe as "The Black Redtail Angels" because of the identifying red paint on their tail assemblies and for their reputation for not losing bombers to enemy fighters as they provided fighter escort to bombing missions over strategic targets in Europe and as "Schwarze Vogelmenschen" (Black Birdmen) by the Germans

who feared and respected them, won 150 Distinguished flying crosses, and other medals of honor during World War II.

Nearly thirty years later The Tuskegee Airmen, Inc. was founded in Detroit, Michigan. Organized as a non-political, non-military and non-profit national entity, Tuskegee Airmen, Inc. exists primarily to motivate and inspire young Americans to become participants in our nation's society and its democratic process.

The National Scholarship fund of Tuskegee Airmen Inc. is currently the organization's highest priority national program. At this 16th annual national convention, the TAI will award twenty five deserving graduating seniors from throughout the United States \$1,200.00 scholarships.

Family Caregivers Can Find Help

If Alzheimer's Disease has become a reality in your life, The Family Survival Project and Mount Zion Alzheimer's Day Center are planning a program to assist caregivers.

"Alzheimer's Disease: Managing The Person at Home" will be presented on Thursday, September 10 from 9:00a.m. -- 12:00 Noon at Hellman Conference Room, Mount Zion Hospital and Medical Center, 1600 Divisadero Street, San Francisco.

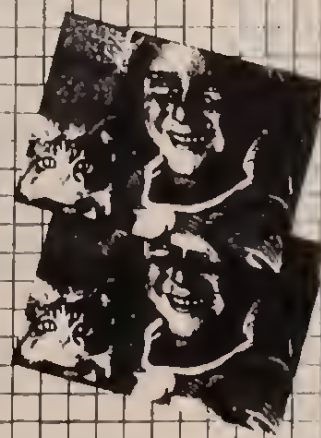
This 3 hour workshop will deal with the following topics: Understanding and managing problem behaviors; dealing with incontinence and wandering; preventing catastrophic reactions; recognizing the symptoms of acute illness; creating a safe environment at home. Speakers are Marilyn P. Williams, R.N., M.S., Assistant Clinical Professor, UCSF School of Nursing and Mariann Di Minno, R.N., M.S., Administrator, UCSF Alzheimer's Clinic.

The workshop is funded by a grant from The Koret Foundation.

For further information, call Laura Cole at (415)626-6556 or Susan Bottory at (415)885-7570

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Mea Culpa

Several of our faithful advertisers were inadvertently left of the GRAPEVINE'S August issue centerfold map. They are Bayshore Meat Inc., 41 Leland Avenue, Frank's Shoe Sales & Repairs, 2609 San Bruno Avenue, Hunam In Restaurant, 2470 San Bruno Avenue, Lady Carol's Fashion's 170B Leland Avenue and Rosa's Boutique, 15 Leland Avenue.

These fine establishments along with more than forty other advertisers are included in the directory on right hand side of the map. Please patronize these businesses who support your GRAPEVINE

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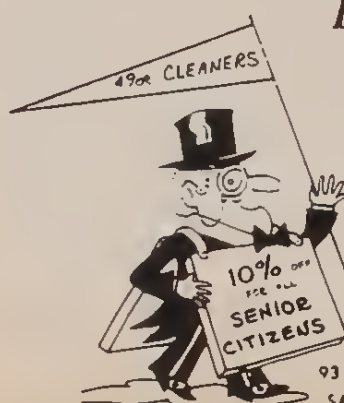
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American Heart Association The Healthy Heart Baby Book

Many of us think of heart attack and high blood pressure as health problems of the elderly. But, the way we start out our lives can influence our chances of developing heart disease in our later years.

As a parent, take the advice of the American Heart Association and start early to establish a heart-healthy lifestyle for your children. To help them obtain this goal, send for a copy of "The Healthy Heart Baby Book." This excellent resource guide assists you in keeping a record of your family's health history, your children's immunization schedule and when they have had medical or dental visit. It is also an easy reference guide for information about exercise, nutrition and child safety.

Since habits we learn in childhood tend to last a lifetime, give your children a lifelong gift by teaching them about heart-healthy living. For a free copy of "The Healthy Heart Baby Book," send three \$.22 stamps to: American Heart Association, San Francisco Chapter, 421 Powell Street, San Francisco, Ca 94102 or call: (415) 433-2273.

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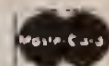
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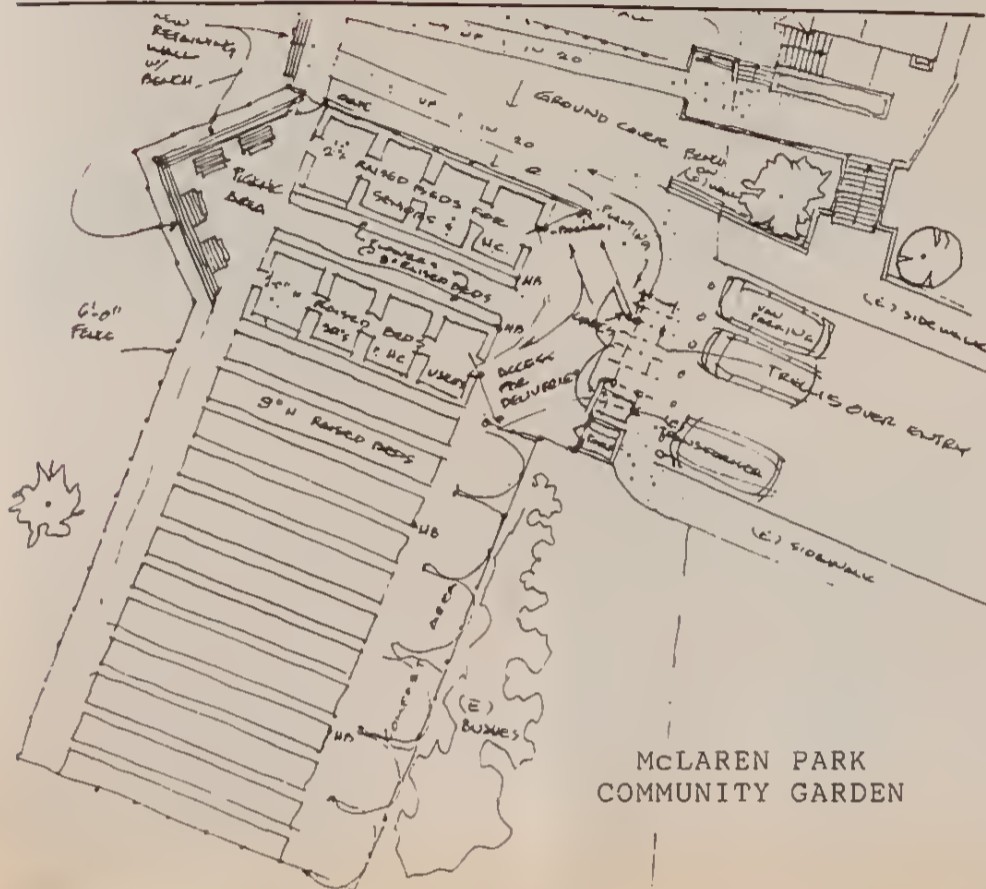
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MCLAREN PARK GARDEN

Once again In San Francisco League of Urban Gardeners is digging into Visitacion Valley. A new community garden will be established in the next few months at the end of Leland Ave., next to the Ridge View United Methodist Church, which is on the edge of McLaren Park. The garden is open to any and all, especially if you live in the immediate vicinity. The garden's establishment will be coordinated by SLUG; labor will be provided by the San Francisco Conservation Corps, the funds are through the Mayor's Office of Community Development and the Recreation and Parks Dept. Rec/Park is also the landowner. The Visitacion Valley Senior Transport Escort Service has been an active supporter of the garden. The garden's establishment will be coordinated by SLUG; labor will be provided by the San Francisco Conservation Corps, the funds are through the Mayor's Office of Community Development and the Recreation and Parks Dept. Rec/Park is also the landowner. The Visitacion Valley Senior Transport Escort Service has been an active supporter of the garden. The garden's establishment will be coordinated by SLUG; labor will be provided by the San Francisco Conservation Corps, the funds are through the Mayor's Office of Community Development and the Recreation and Parks Dept. Rec/Park is also the landowner. The Visitacion Valley Senior Transport Escort Service has been an active supporter of the garden.

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according to the discretion of the gardeners.

en's establishment coincides nicely with the Escort Service's move to their offices in the Church.

One prominent feature of the garden will be two foot high planter boxes intended for seniors, some of which will be wheelchair accessible. There is an existing asphalt pathway around which the planter boxes will be built. Most gardeners choose to grow vegetables, but flowers and herbs are also grown

SLUG's role is to help facilitate the garden's establishment, then act as a support group to the garden once it gets growing. We help set up a committee of gardeners who make nuts and bolts decisions on the garden's operation, plot assignments, etc.

So Vis Valley gardeners get your seeds and trowels ready, your new community garden is on the way. If you would like more information call Keith at SLUG 468-0110.

A typical day at Sunnydale and Hahn

Continued from Page 1

threats have been issued at him or others working at the market, but he does not feel safe. He said he is upset about crime in the street. "I have made quite a few phone calls (to the police) when there's an accident or somebody gets hurt," he said.

Is there a sufficient police presence? Jason said, "Sometimes we don't see the police around here, and sometimes there's a lot. Especially when there's a drug bust."

Outside, a middle-aged woman waited for a bus. Does she feel safe in this neighborhood.

She said, "I stay at home. I keep myself at home. You find crime everywhere."

Meanwhile, the man who had been selling transfers, finally put together enough change for a bottle of sweet white wine. Soon the painful realities of his day would be blotted out with alcohol.

OPEN HOUSE

September 19, 1987 1:00p.m.

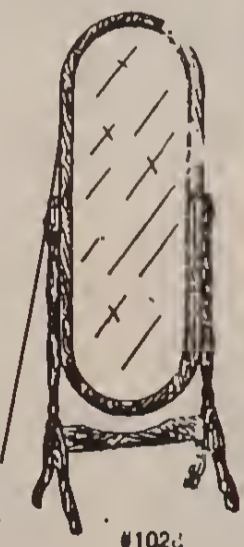
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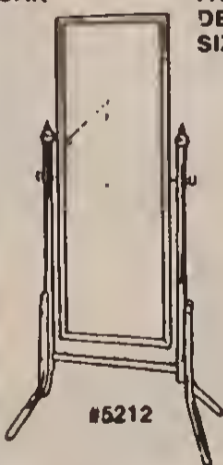
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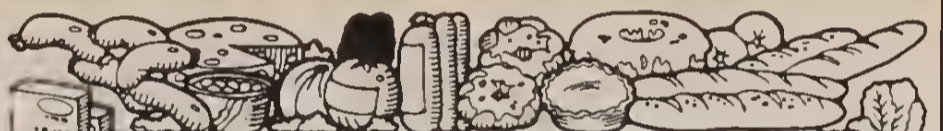
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When the Valley Was Young

By Len Appiano

Although mostly concealed beneath an intricate network of vines, part of the legendary rock which gave Visitacion Valley its name is still visible in Elda Mitchell's Delta Street backyard.

It was here, more than two centuries ago, that a somewhat bewildered party of explorers led by Captain Juan Bautista de Anza, trudged bravely through an unfamiliar terrain in heavy fog, arriving just north of San Bruno Mountain as the weather cleared.

Impressed by the sheer scenic beauty of the hidden valley, a religious service was held to commemorate its discovery, the rock serving as the friars' makeshift altar.

"In the Catholic religion, it was the Day of the Visitation," said Mitchell, "and that's how this area was named Visitacion Valley."

Born and raised in a house adjacent to her current residence, Mitchell was the youngest of Gaetano and Amelia Assalino.

Originally a valley resident, Assalino married and moved north to a flat near the City's downtown area.

When the 1906 earthquake and fire struck just three years later, the couple salvaged a few precious possessions and quickly returned to the unchaotic safety of the picturesque valley.

Homes were yet to be built on the property where the family had a large assortment of vegetables and fruit trees.

Mitchell participated in the center's dramatic club, and also took dancing lessons.

Referring to herself as an athletic tomboy, she also played baseball, basketball, and softball.

"If it weren't for the community center," said Mitchell, "my teenage years would have been nothing. My mother wouldn't allow me to go downtown to a dance."

Mitchell recalls frequenting a local restaurant where Southern Pacific employees would often dine.

In becoming acquainted with the workers, several were invited by she and her friends to a festive spaghetti dinner.

It was here she met a railroad supply guard whom she soon married in 1945.

They had two children and lived 17 years across the street from their current residence, which was built in 1962.

Dressed in specially made Indian costumes, Mitchell fondly recalls frequently playing with her brother, Alfred, on and around the large rock.

Mitchell and her siblings attended Visitacion Valley Elementary School where community leader Florence Friedman was her first grade instructor.

"She was a wonderful person," said Mitchell, "and sure knew her arithmetic and English."

Aside from basic school studies, there was also a wealth of various activities at the community center.

Merchants Seek New Members

The V.V. Merchants Association invites small business people and those interested in retailing to join. A unified base of interested business people can bring new prosperity to our commercial area.

The advantages of a strong merchants association for Visitacion Valley are attracting new business into the area; learning retailing and merchandising techniques; group insurance opportunities; associating with merchants throughout the city.

Current member of the Vis Valley Association are:

Mama's & Papa's	Fred Aray
Campeau	Jay Mancini
V.V. Community Center	Julie Kavanagh
Bernice Gantt	
Bayshore Feed & Fuel	Bernadette Losurdo
Forty Niners Cleaners	Shur Ping Chan
Grapevine	Pat Christensen
Lady Carol's	Carolyn Thompson
Valley Super Mkt	Fawzi Kaddoura
Be-Nails	Pegi Saunders
Carl Oppel	
Leland Ave Phcy.	Jack Creighton
Visitacion Valley Phcy	Oliver Lee
Ruby's Bakery	D. Malisin
Southern Lighthouse Cafe	Jewell Ruffin
Bank of America.	Kay Williams

For further information call Anne Kaartunen at 239-1069.

SEPTEMBER GRAPEVINE DRAWING

NAME _____

ADDRESS _____

PHONE _____

Drop your completed coupon in the box at any participating merchant before the 20th of each month to be eligible for our

monthly drawing. Coupons will not be retained from one month to the next. No purchase necessary. Must be 18 years or older to win.

DRAWING WINNER AUGUST: Eleann M. Sneathen

Grapevine Puzzler SOLUTION NEXT ISSUE

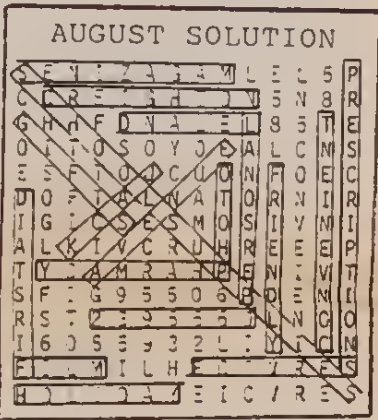
By Anne Kaartunen "SUPPORT YOUR LOCAL MERCHANTS."

V.V.C.C. BINGO

L	B	O	N	A	N	Z	A	V	V	C	C
A	Z	I	W	M	E	Y	R	R	E	H	C
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- WORD LIST
V V C C
BINGO
SUNDAYS
12:30-5:30 (p.m.)
50 RAYMOND
CHERRY BELLS
- SPECIALS
BLACKOUT
BONANZA
PRIZES
MONEY
WINNERS
NEIGHBORS

Words may overlap and letters may be used more than once.



Public School

- SAN FRANCISCO PUBLIC SCHOOL
CALENDAR, 1987-1988
SCHOOL YEAR
SCHOOL HOLIDAYS
- Teacher on-site September 8th
Classes start September 9th
Columbus Day Observance, Oct. 12th
Veteran's Day, Nov. 11th
Thanksgiving Recess, November 26th & 27th
Winter Recess, Dec. 21st -
- Jan. 1st
Dr. Martin Luther King Jr. Birthday Observance, Jan 18th
Teacher Inservice Day, Jan 29th
Lincoln's Birthday Observance, Feb. 12th
Washington's Birthday Observance, February 15th
Spring Recess, March 28 -- April 1st
Memorial Day Observance May 30th
Classes end June 17th

ESL CLASSES BEGIN

ADULTS WISHING TO LEARN ENGLISH MAY ENROLL IN THE ESL CLASSES NOW BEING OFFERED AT THE VISITACION VALLEY COMMUNITY CENTER: 50 RAYMOND AVE. CLASSES ARE HELD ON MONDAY -- THURSDAY, 6:30 TO 9:00 P.M., EVERY WEEK. THE CLASSES ARE FREE.

KUNG NAIS NINONG MATUTUNG MAGSALITA NG INGLIS, MAGPATALA SA 50 RAYMOND AVENUE (VISITACION VALLEY COMMUNITY CENTER). ANG KLASERY TUWING LUNES HANGANG HUWEBES, MULA SA 6:30P.M. -- 9:00P.M. NG GABI-

ANG MGA KLASAY WALANG BAYAD..

ESL (INGLES COMO SEGUNDO IDIOMA) CLASES PARA ADULTOS

LOS ADULTOS QUE DESEEN APRENDER INGLES PUEDEN MATRICULARSE EN LAS CLASES DE ESL (INGLES COMO SEGUNDO IDIOMA). AHORA SE ESTA OFRECIENDO EN EL CENTRO DE LA COMUNIDAD DE EL VALLE DE VISITACION EN: 40 RAYMOND AVE. LAS CLASES SE LLEVAN ACABO DE LUNES A JUEVES DE 6:30 A 9:30 P.M. CADA SEMANA. LAS CLASES SON GRATIS.

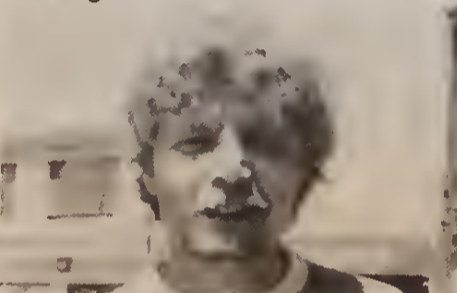
VALLEY INQUIRER

Interviews and photos
by Pat Crocker

**What is worth
a million dollars
to you, yet not a
dime to anyone else?**



Anne Kaartunen, 46: "My constructive criticism. It's gotten many results for me, personal satisfaction with my community work, regarding problems and solutions. Many people are offended by the way I give out the criticism; although, by the same token, we often become the best of friends and end up working well together."



Mikal Cartor, 33: "I'd have to say a portfolio of poems and drawings by friends of mine that they've done over the years. They bring back memories of good times that have gone by."



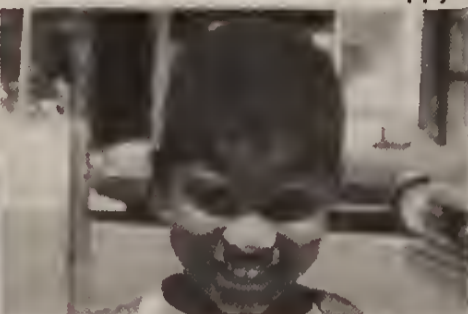
Lydia Bini, 62: "My little Statue of Liberty, because I became an American citizen last March. It's not worth anything to anyone else because it came from the junk store. I have the statue in my living room."



Hyoka Bells, 36: "Jingle Bells, my dog. She's a true friend and companion. She keeps me grounded and makes me go on lots of walks. She's a bitch and she's been spoiled. She's a one person dog; she likes other people but will go just with me."



Lisa Brand, 28: "Making my Grandmother smile. She doesn't ask for much, so when I make her smile I know I've made her happy."



Anthony Margin, 7: My nephews. They do bad things. They turn the TV channel when I'm watching TV, and they turn on the TV when I don't want it on."



Graciela Guzman, 31: "My kids. They are worth even more than a million to me, they're my life. I have four. Someone else's kids don't ever mean as much. I love my kids."



Ann Bamwell, 71: "My cat, because Pat Crocker gave her to me. Her name is Patsy. She keeps me company and I love her and she loves me."



Jo Tucker, 40: "My memories. They teach me what I need to know. Other people have to rely on their own."



Tamika Mc Morris, 9: "My school work. It helps me learn and I'll get an education. I get good grades. It means a lot to me and I'm gonna get a nice job."

How Do Your Gardens Grow?



By Hyoka Bells

My article this month will focus on the community garden. In the last month the community garden celebrated its first birthday. There was a grand celebration, where a finger food pot luck was served, and also a visit from a VIP (Very Important Persons) Tour which was sponsored by SLUG. In the last few years the gardens have won a Mayor's office grant (which was used to build the beds, compost bins, and tool shed), a \$500. tool grant from Glad and American Community Garden Association (this was a national contest), and were runners-up in the Best New Garden sponsored by the American Community Garden Association. Basically this is how the garden got started and funded. Now we face the next few years of raising money on our own to cover improvements, replace worn out hoses and stolen equipment.

Speaking of stolen equipment while I was on vacation we were vandalized, we lost all 6 of our sprinklers, which makes it real hard to water our 6 plot flower garden. Also produce from peoples individual beds have been missed. Our gardeners spend a lot of time, and energy, and love growing, so when we come to water or to gather our plants and find them missing we feel real sad and angry.

So how can the public at large help? First take the time to educate your children that taking produce, fruit, flowers, or equipment from someones garden is STEALING, or if they show up at home

with produce Inquire where they got it. Also we could use donation of hoses, sprinklers, plants, cuttings, or if you like to volunteer, we always need help in the flower garden. Or maybe you would like to have a space to grow your own flowers, or vegetables. We do have openings. This year we ask a \$5.00 membership fee and 12 hours of volunteering which works out to 1 hour a month. For any information call Hyoka at 467-6400 from 9-1.

This is a reminder to all community gardeners if you have not signed this year's plot agreement or paid your \$5.00 you are late and risk losing your bed. Please get in touch with me. Till the next time, happy gardening. Hyoka

SEPTEMBER GARDEN CARE

PLANT DIRECTLY: *Vegetables:* beets, carrots, garlic sets, parsnips, peas, radishes, sasify, turnips, lettuce, Swiss chard. *Flowers:* baby blue eyes, California poppies, clarkia, godetia, nigella, sweet peas. **START IN FLATS:** *Vegetables:* bok choy, broccoli, brussels sprouts, cabbage, cauliflower, chard, collards, kale, kohlrabi, leeks, lettuce, mustard, onions, rutabagas, spinach. *Flowers:* calendulas, columbine, delphinium, foxglove, pansies, violas, Iceland poppies, larkspur, linaria, nemesia, snapdragons, stock. **TRANS-PLANT:** *Vegetables:* bok choy, broccoli, brussels sprouts, cabbage, cauliflower celery, chard, collards, kale kohlrabi, leeks, lettuce, mustard, onions, radicchio, rutabagas, spinach. *Flowers:* calendulas

You can now build and renew compost piles as you are cleaning up summer beds. If you do not want to plant a winter crop, now is the time to sow fava beans

and other cover crop seeds into harvested beds.

CALENDAR

SEPTEMBER

September 2:

The San Francisco Recreation Chorus is holding auditions, Wednesday evenings in September beginning on the 2nd., at Washington High School, 600 32nd Avenue. A concert featuring Pinkham's Christmas Cantata, songs by Kirke Mechem and a selection of Hebrew songs will be performed by the Chorus in December. Interested persons should contact Fred Goff at 586-4805 for an audition time.

September 11:

Arts & Crafts, 7 -14 years, 3 -- 5 p.m. Joseph Lee Recreation Center, Oakdale Avenue & Mendell Street.

Events Sponsored by the American Heart Association September 16:

Food Festival: Audio Shopping Tours, A ten minute audio tape tour narrated by GO Radio's Rosie Allen permits shoppers to get heart-healthy shopping tips while they do their regular marketing at

the Ocean Avenue Safeway, 1818 Ocean Avenue from 5:00 to 9:00p.m.

September 19:

Heartsave CPR Class -- District Health Center #3, 1525 Silver Avenue; 9:00a.m. -- 12:30p.m. Call 468-1588 for reservations. \$2.00 fee.

September 26:

The San Francisco Association of United Way Executives is sponsoring a "Meet the Candidates Afternoon" on September 26, 1987 from 1:00 p.m. to 4:00 p.m. at 100 Whitney Young Circle. This will be an important opportunity for the candidates for Mayor to address a broad spectrum of issues, and for our Program participants to see and hear the candidates' overall viewpoints rather than hear speeches tailored to a specific interest group. It will also give notice that collectively, United Way and other Agencies represent a large number of the voting public, and that we community based agencies serve our own community efficiently and well...together. Open to all.

Boas Attends Executive Park Victory Party

Mayoral candidate Roger Boas attended a party in Visitacion Valley to celebrate passage of Prop. C. During the meeting Boas, who served as San Francisco's chief administrative officer -- equivalent of city manager -- for ten years, outlined to listeners the main reasons he's running for mayor. One of his chief concerns, he said, is the need to rebuild the city's crumbling public schools, libraries, hospitals, streets, sewers and other



MAYORAL CANDIDATE ROGER BOAS AND FRIENDS

vital public assets. If that job isn't undertaken immediately, the costs

will only escalate until they become unmanageable, Boas said.

Boas also discussed the need to reverse the increasingly serious loss of jobs in San Francisco. Noting that 30,000 jobs and a \$1 billion payroll have disappeared from the city in recent years, Boas pledged to work hard as mayor to retain existing businesses and attract new ones.

Boas said San Francisco must act swiftly to meet the growing AIDS crisis. While this city has probably the best network of services for AIDS patients in the country, it must organize now to meet the massive costs the city will face, he said. Boas also pledged to pre-

serve the livability of San Francisco's 53 vibrant neighborhoods. He said that, as mayor, he'll work hard to keep our neighborhoods safe and clean and to discourage out-of-character buildings and speculative downtown construction.

In closing, Boas said he'll campaign door-to-door in the city, talking about problems and his solutions to them. He said he isn't running for mayor as a political stepping stone. Instead, he said, his only ambition is to be a hard working, accessible, fair and effective mayor. He's running because he sees what must be done in San Francisco, and because he's the right person for the job.

MILA'S VIDEO

COMING SOON **NATIVE SON**

Drama Color 112 Minutes
1984 Rated PG Closed Captioned

Deposit at Mila's for drawing

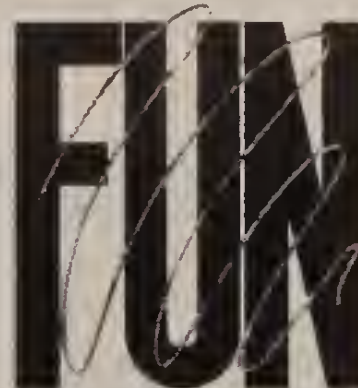
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